

GOLDEN WEST TRACK SCHEDULE 2026

Friday June 5th HS/Open & Masters Running/Field events

****Please note****

Start times for the running events will be a rolling start from the first event.

<u>EVENT</u>	<u>CLASS</u>	<u>GENDER</u>	<u>START</u>
3200 m Run	HS Y 13/14	Combined (B/G)	7:45 PM
5,000 m run	HS	Combined (B/G)	
5,000m run	Open/Masters	Combined (M/W)	
Hammer Throw	High School	Girls followed by Boys	3:30 PM
Weights / Measures begins at 2:30			